

October 2023



10/1

9:30-Local News
St. Michaels

10/2

9:15-Exercise
10:15-Walmart Outing
1:00-B-I-N-G-O
w/Suzanne
2:15-Corn Hole

10/3

9:15-Exercise
10:00-Beautician Day
11:00-Word Game
1:00-Apple Orchard

10/4

9:30-Exercise
10:30-Scenic Drive
1:30-Name That Person
3:00-Resident Choice

10/5

9:15-Exercise
10:30-Dominoes
11:00-Brain Game
Trivia
1:00-What's In The
News

10/6

9:15-Exercise
10:30-Magazine Collage
11:00-Fact of the Day
1:30-Happy Hour

10/7

10:00-Local News
Stories
11:00-Backyard Walk
1:30-Afternoon Movies

10/8

9:30-Sunday Stretch
St. Michaels

10/9

9:15-Exercise
10:15-Dollar Tree
Outing
1:00-Manicures

10/10

9:15-Bodies In Motion
10:00-Beauty Day
10:30-Scenic Drive
1:00-B-I-N-G-O w/
Linda

10/11

9:30-Exercise
10:30-Current Events
11:00-Name That Actor
2:00-Wednesday Wind
Down

10/12

9:15-Parachute Exercise
10:30-Black Jack Game
12:00-Lunch Outing
1:00-Entertainment

10/13

9:15-Bodies In Motion
10:00-Manicures
11:00-Card Game
1:00-Ester & Earl
2:00-Happy Hour

10/14

10:00-Daily News
10:30-Back Yard Walk
11:00-Rockers
1:30-Resident Choice

10/15

10:30-St. Michaels

10/16

9:15-Exercise
10:15-Target Outing
11:00-Flower Making
1:00-Culinary Craft

10/17

9:15-Lets Move Our
Bodies
10:30-All About Beauty
11:00-Games
1:00-Linda's B-I-N-G-O
Anita B'day

10/18

9:30-Exercise
10:00-Actor/Actress
Trivia
11:00-Current News
12:00-Lunch Outing

10/19

9:15-Bodies In Motion
10:00-Word Game
11:00-Corn Hole
1:30-Busy Bee Flowers

10/20

9:15-Exercise
10:00-All About Ice
Cream
1:30-Meet w/Chef
2:00-Happy Hour

10/21

10:00-Saturday Stretch
11:00-Back Yard Walk
2:00-Resident Choice

10/22

9:30-Church Stream
10:30- St. Michaels
1:00-What's New

10/23

9:15-Exercise
10:15-Walmart Outing
1:00-Manicures
2:00-Crafts

10/24

9:15-Exercise
10:00-Beauty Day
1:00 Linda's Bingo
2:00-Fall Scenic Drive

10/25

9:30-Bodies In Motion
10:00-Name That Tune
11:00-Current Events
1:30-Resident Choice

10/26

9:15-Exercise
10:00-World Happen-
ings
11:00-Trivia Game
1:00-Billy Game Day

10/27

9:15-Friday Stretch
10:00-Dominos
1:00-Ent.
2:00-Happy Hour

10/28

10:00-Local News
Stories
11:00-Back Yard Walk
2:00-Resident Choice

10/29

St. Michaels

10/30

9:15-Exercise
Entertainment
11:00-Trivia
1:00-Foot Bath

10/31

9:15-Exercise
10:00-Fun Facts About
Halloween
11:00-Wacky
Superstitions
1:00-BINGO w/Linda
1:30-Resident Council
Meeting
2:00-Halloween
Costume Contest

