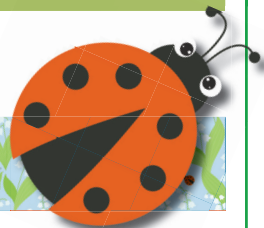


May 2024



5/1

9:30-Bodies In Motion
10:30-St.Michaels
11:00-Current Events
2:00-Bagels & Tea Talk

5/2

9:30-Lets Move Our Bodies
10:00-What's The Word
Game
11:00-Trivia
1:30-Mr. Fred
2:30-Karaoke

5/3

9:30-Exercise
10:15-Fun Facts About
Mexico
11:00-History of Cinco de
Mayo
2:00-Cinco de Mayo Party

5/4

10:00-Morning News
10:30-Exercise
11:00-BackYard Walk
2:00-Afternoon Movie

5/5

10:30-Communion
11:00-Church Stream
1:30-Happy Cinco de Mayo
2:00-Resident Choice

5/6

9:30-Monday Moves
10:00-Daily Chronicles
11:00-Would You Rather
Game
1:00-Suzannes BINGO
2:30-First Day Gospel
Group

5/7

9:30-Seated Exercises
10:30-Questionnaire Ball
11:00-Who Said That
12:00-Resident Lunch
Outing
2:00-Tasty Tuesday

5/8

9:30-Bodies In Motion
10:15-Resident Outing
(Target)
1:45-Vintage Film Day w/
Popcorn

5/9

9:30-1950s Exercises
10:15-Scenic Drive
11:00-Tasty Treat
1:30-Cooking Club

5/10

9:30-Let's Move Our Bodies
10:00-Mother's Day Art
11:00-Remembering
Mothers
1:30-Pre-Mother's Day Tea

5/11

10:00-Morning News
10:30-Exercise
11:00-BackYard Walk
2:00-Afternoon Movie

5/12

10:00-Happy Mother's Day
10:30-Communion
11:00-Live Church Stream
2:00-Resident Choice

5/13

9:30-Seated Exercises
10:00-National Game Show
Day
10:30-Family Feud
1:30-Joyful Noise
2:30-Monday Wind Down

5/14

9:30-Bodies In Motion
10:00-Resident Outing
(Downtown Woodstock)
12:00-Lunch Outing
2:00-Resident Choice

5/15

9:30-Let's Move Our Bodies
10:15-Walmart Outing
11:30-Current Trending
Topics
1:30-Beth Michaels
Entertainment

5/16

9:30-Thursday Moves
10:00-Brain Games
12:00-Lunch Outing
1:30-Cooking Club
3:00-Fun Recipe's

5/17

9:30-Motown Music
Workout
10:00-Who,What,Where
Game
11:00-Mimosa History
2:00-Clark Brown
Entertainment
3:00-Mimosa Making

5/18

10:00-Morning News
10:30-Exercise
11:00-BackYard Walk
2:00-Afternoon Movie

5/19

10:00-Sunday Stretch
10:30-Communion
11:00-Live Church Stream
2:00-Resident Choice

5/20

9:30-Monday Moves
10:00-National Airplane
Day
10:30-Airplane Facts
11:00-Who Was Amelia
Earhart
2:00-Crafty Corner

5/21

9:30-Bodies In Motion
10:00-All About Beauty
Day
10:30-Beautician
11:00-Fashion of Yesteryear
2:00-Tea Chat

5/22

9:30-Exercise
10:15-Shopping Outing
1:45-Theater Day w/
Popcorn

5/23

9:30-Thursday Moves
10:30-Downtown Walk
1:45-Cooking Club

5/24

9:30-Exercise
10:15-Crafty Corner
11:30-Art Facts
1:30-Chat w/Chef
3:00-Where In The World

5/25

10:00-Morning News
10:30-Exercise
11:00-BackYard Walk
2:00-Afternoon Movie

5/26

10:00-Sunday Stretch
10:30-Communion
11:00-Live Church Stream
2:00-Resident Choice

5/27

9:30-Exercise
10:00-MDay Prayers
10:30-Meaning of
Memorial Day
11:00-Red,White &Blue
Game
12:00-Mday Lunch
2:00-Resident Choice

5/28

9:30-Tuesday Moves
10:15-Back Yard Walk
11:00-Garden Cleaning
1:30-Resident Council
Meeting
3:00-Seed Planting

5/29

9:30- 60's Workouts
10:15-Shopping Outing
1:45-Theater Day w/
Popcorn

5/30

9:30-Bodies In Motion
10:30-Downtown Drive
11:30-Current News
1:30-Brusters Ice Cream
Outing

5/31

9:30-Exercise
10:00-Desserts Around The
World
11:00-Favorite Desserts
1:30-Macaroon Tasting
3:00-Happy Hour

***Activities are subject to
change***

